



Using Our Lived Experiences  
to Help Each Other

# LiftUp SF

A Peer-to-Peer Training Program  
Services and Benefits

- Receive Career Counseling
- Earn a Peer Training Certificate
- Join our network of peer graduates

## Eligibility

1. Be able to attend trainings in-person
2. Be at least 18 years of age
3. Be an eligible client of the Workforce Development Program of PRC (ask for more info!)
4. Be a person living with a mental health diagnosis, HIV or a substance use history

Enrollment Open Now - Monthly Classes

**[wd-training@prcsf.org](mailto:wd-training@prcsf.org)**